



## CHILDREN HAVE a lot of energy. Children:

- Walk more steadily
- Take things apart
- Run
- Carry things
- Push
- Climb
- Pull
- Grab things

## YOUR CHILDREN are active and like to:

- Flip light switches.
- Unwrap packages.
- Pour things.
- Empty drawers and cupboards.
- Copy the sounds and actions of others.

## AT THIS AGE, children:

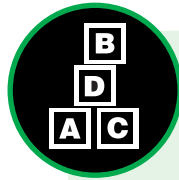
- May pretend to do housework or yardwork.
- May want to be independent.
- May say "No!" a lot.
- Can have a short attention span.
- May try walking backwards or sideways.

## CHILDREN MAY ALSO:

- Start to see how they are like and unlike other children.
- Notice how others feel.
- Play alone or with other toddlers.
- Learn more words.
- Understand more of what people say to them.

## AT THIS AGE, toddlers need the chance to:

- Do puzzles, paint and scribble.
- Do more things for themselves, such as putting on clothing.
- Sing, talk and learn more words.
- Play with other children.
- Go to the park, library, beaches, zoo or go to other interesting places.



## AT THIS AGE, toddlers need the chance to:

- Explore in safe play places.
- Make their own choices. ("Do you want the red cup or the blue one?")
- Run, jump and play.
- Touch, taste, smell, hear and see new things.
- Learn that actions cause results (like when a stack of blocks gets too high it will fall over).
- Learn and use new words.
- Learn about kindness and caring.



# 1 to 2 YEARS OLD

## LEARNING STARTS EARLY

What to expect when a toddler is 1-2 years old and how you can help a child grow and learn

## AT THIS AGE, children:

- Learn to notice more how others feel.
- May be stubborn and have temper tantrums.
- May enjoy being around other children.
- May like to jump, hop, roll and climb.
- Do a lot of pretend play.
- Learn lots of new words.
- Put together two, three and four word sentences.

## TIPS to remember: GIVE CHILDREN love and attention.

- Read, sing and talk each day.
- Meet children's needs right away.
- Hold your baby often.
- Answer your baby's cries and your child's questions.



## MAKE SAFE PLAY areas for children.

- Give children time to run, jump and dance.
- Let children do art, or play with blocks and puzzles.
- Give children a chance to do things on their own.

## IT IS ALSO good to:

- Set up times to play with other children.
- Let children have a few choices.
- Be a kind and caring example.